

**Rockville 10K/5K**  
32nd Anniversary 11.04.07 King Farm Village Center

City of Rockville 111 Maryland Ave. Rockville, MD 20850-2364

Presorted  
Standard  
U.S. Postage  
**PAID**  
Permit #63  
Rockville, MD

**Rockville 10K/5K**  
32nd Anniversary 11.04.07 King Farm Village Center

*"The Oldest Continuing Race in Montgomery County"*

**Sunday, November 4, 2007**  
**Start/Finish: King Farm Village Center, Rockville, MD**

Part of the 2007 Rockville Triple Race Series &  
The MD RRCA Grand Prix Series

**KF**  
The Contested By:



**Rockville 10K/5K**  
32nd Anniversary 11.04.07 King Farm Village Center

**Race Hosted By:**

City of Rockville Mayor & Council  
Department of Recreation & Parks

**Race Presented By:**

King Farm Village Center  
Regency Centers

**Race Conducted By:**

Montgomery County Roadrunners Club

**Other Contributing Sponsors:**

RnJ Sports Discounters  
Kaiser Permanente  
EU Services

**Race Beneficiary:**

Rockville Recreation Fund

**Race Information:**

**Location and Course:**

King Farm Village Center  
King Farm Blvd and Pleasant Drive

**Registration Fees:**

\$25 by October 26, 2007  
\$27 by November 3, 2007  
\$30 on November 4 from 7:30 am-8:15 am

**Parking and Shuttles:**

Two Irvington Centre and 702 King Farm Blvd.  
Take 355 North (From Rockville Town Center) and turn  
left on Redland Blvd.

Shuttle buses will continuously run participants  
to race area. Shuttle runs start at 7:15 am, with  
the last shuttle run at 8:10 am. Return shuttles  
will begin running at 10:15 am.



The retailers of King Farm Village Center are  
proud to support and host the Rockville 10k/5k,  
now in its 32<sup>nd</sup> year.

**Health/Medicine**

Advanced Spine & Wellness (240) 361-2225  
Family Health Care (301) 947-6816  
Ryden Optik (301) 869-7611  
State of the Art Dental Group (240) 683-8111

**Food/Dining**

Baja Fresh Mexican Grill (240) 683-3907  
Beer & Wine at King Farm (240) 683-5995  
Eastern Cafe (301) 963-9288  
Fontina Grille (301) 947-5400  
Kardo Mediterranean Cafe (301) 926-7855  
L'oustalet (301) 963-3400  
Maggie Moo's Ice Cream (301) 977-2882  
Mayorga Coffee Roasters (301) 990-8722  
Nagoya Sushi (301) 990-6778  
Quiznos Subs (301) 947-6700

**Beauty/Fitness**

Curves (301) 869-2093  
Elaj Aveda Day Spa (301) 977-1514  
Hair Cuttery (301) 947-9795  
Kicks Karate (301) 869-4300  
Lifestyles for Hair (301) 977-3220  
South Beach Tanning Salon (301) 869-1285

**Banking/Finance**

BB&T (301) 929-5414  
Chevy Chase Bank (301) 921-8540  
H&R Block (301) 963-4859  
Wachovia (301) 926-4570

**Services**

Crown Carpet & Flooring (301) 947-9400  
King Farm Cleaners (301) 947-0222  
Long & Foster Real Estate (301) 548-9700  
Montgomery Printing Services (301) 990-1239  
Parcel Plus (301) 590-0300  
Safeway (301) 990-3150

**Specialty Shops**

KoKo Florist (301) 978-9808  
Pawlitics...where pets rule! (301) 947-PETS  
Woolwinders: A Knitting Salon (240) 632-9276

KAISER  
PERMANENTE. thrive



EUSERVICES

R N J SPORTS  
DISCOUNTERS

